



Sheffield Road, Oxspring, Sheffield, S36 8YW  
tel: 01226 763020 fax: 01226 763020  
email: s.irwin@oxspringprimary.co.uk



Headteacher: Mrs Sharon Irwin

27<sup>th</sup> May 2021

Dear Parents and Carers,

### **RSHE Curriculum (part of PSHE)**

As a part of your child's education at Oxspring, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the last summer term your child's class will be taking part in lessons which will focus on the 'Changing Me' aspect of our RSHE curriculum.

#### **Changing me lessons in Year 4 will include pupils learning:**

- To understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm
- To correctly label the internal and external parts of male and female bodies that are necessary for making a baby
- To describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this
- Know how the circle of change works and can apply it to changes they want to make in their life
- To identify changes that have been and may continue to be outside of their control that they have learnt to accept
- To identify what they are looking forward in the next year

The highlighted text is content which will be taught as part of sex education lessons. Parents have the right to request their child is withdrawn from these specific lessons. The term Sex Education at Primary school level means human reproduction. The DfE recommends, 'that all primary schools should have a Sex Education programme tailored to the age and the physical and emotional maturity of the pupils.' Please speak to your child's class teacher if you are thinking of withdrawing your child from these lessons. Before granting any such request, it would be good practice for the Headteacher to discuss the request with parents and, as appropriate, with the child to ensure that your wishes are understood and to clarify the nature and purpose of the curriculum.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our RSHE policy. All PSHE teaching takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

Kind regards

E Wright

PSHE subject leader

