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Headteacher: Mrs Sharon Irwin

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Dear Parents/Carers

Feedback from the RSHE consultation period.

Thank you so much to our families who participated in the recent RSHE consultation. We are really pleased that you all agreed with the content outlined for the different year groups and feel that it was a really positive process for the school and for parents and carers.

In addition, we have endeavoured to address any specific worries or concerns raised from the consultation, in our responses below:

<p>Can parents be advised in advance of this being taught?</p>	<p>Yes most certainly. Please note that the following is taken directly from the policy: <i>'Prior to the RSE units being taught, parents will be informed of when the lessons will take place and the content outlined in this policy will be shared with parents. The content which parents may wish to withdraw their child from will also be identified.'</i></p>
<p>I may have missed this but wondered if consent is covered and online relationships and where to gain support online and offline.</p>	<p>There is a lot of content about using online platforms, which is covered in the Year 5 'Relationship' unit. Discussions during these sessions will cover consent with regards to online relationships. Additionally, our e-safety work will also cover this in an age appropriate way. As lots of the Jigsaw sessions involve group and paired discussions, there are always opportunities during the sessions to discuss where to gain support in all the areas covered. With regards to the question about consent, this is introduced during the Year 1 programme of work so that children understand which parts of their bodies are private. The Jigsaw Sex Education lessons in the 'Changing Me' unit aim to give children their entitlement to information about puberty, human reproduction, sexual health, consent etc as appropriate to their age and stage of development.</p>
<p>Good books to use at home or suggested books for those who may need support talking about these topics at home (no issues from me personally but thinking of others)</p>	<p>This is a great suggestion - thank you. We will look into collating a suggested book list to support with the content at home.</p>



My only concern is a lot of children including my own have not been in school for the best part of a year and may not have matured as much as they normally would through a school year. I'd like some reassurance that this has been considered.

The Jigsaw materials can be easily adapted by the teacher who knows the children in the class the best. They will understand how to best modify the materials to meet the needs of the class, groups or individuals and the impact of the lockdowns will certainly be considered. Wellbeing and the children's needs are a top priority for us and are constantly taken into account for all of their learning.

Happy with the topics covered but would also like to see 'consent' covered alongside the Relationships/Changing Me subjects. I think this links through a variety of topics concerning physical contact and I think it is important to be taught that non-consensual contact can be a form of abuse/harassment. For Y6 Mental health topics, I wondered if there would be capacity to briefly cover common disorders such as depression, anxiety etc (as many as 1/4 suffer so we are all likely to know someone with an illness). I also think it would be useful (as part of Changing Me - physically and mentally) to cover transgender and non-binary terminology and how some people don't feel comfortable in their bodies and choose their own identification.

To recognise warning signs of common mental and emotional health concerns (including stress, anxiety and depression), what might trigger them and what help or treatment is available is an objective that is covered in lots of the Jigsaw pieces: 'Being Me', 'Celebrating difference', 'Dreams and Goals' and 'Healthy me'.

With regards to LGBT, the approach through the use of Jigsaw is for children to be given information in age- and stage-appropriate ways, by teachers who are sensitive and hold no prejudice, giving staff the opportunity to correct misunderstandings and challenge unkind or inappropriate language. The Jigsaw scheme resources include images of many different family compositions in lessons on family relationships. In lessons for 10-11-year olds, children are introduced to the word 'transgender' so they understand what this means - Jigsaw's philosophy is about inclusion and valuing all children. The Equality Act is also explained in an age-appropriate way. Further details about Jigsaw and LGBT are available on request, so please get in touch if you would like a copy. In addition to the materials produced by the Jigsaw scheme of learning, school has access to other resources to further support teachers and provide the children with additional content.

Please do get in touch with either myself or your child's class teacher if you require any further information about our RSHE provision. Our next steps are to share an outline of the content for your child's / children's year group/s for RSE with parents/ carers. This content is the same as the content in the policy. We will then start the teaching of the 'Changing Me' unit in Summer 2.

Thank you for your continued support.

Kind regards

Mrs Wright

PSHE / RSHE Subject Leader